February 2009



Top Dogs

THE DOG'S CHAMPION SINCE 1884 Labrador Retriever Holds Firm In Top Spot On AKC'S List Of Most Popular Dogs In America; Lovable Bulldog Continues Its Ascent

-- AKC Celebrates 125th Anniversary with a Look Back at First AKC Registered Breeds in History --

New York, NY – For the 18th consecutive year, the Labrador Retriever is the most popular purebred dog in America, according to 2008 registration statistics released today by the American Kennel Club® (AKC) But, while more than twice as many Labs were registered last year than any other breed making it a likely leader for many years to come, the Bulldog continues to amble its way up the list. The breed made news last year by returning to the AKC's Top 10 for the first time in more than 70 years and now has jumped 6%, advancing two spots to land in 8th place.

"The playful Lab may still reign supreme, but the docile and adaptive nature of the Bulldog is gaining ground as a family favorite," said AKC Spokesperson Lisa Peterson. "It's no surprise to learn that this devoted family companion is still growing in popularity."

2008 Most Popular Dogs in the U.S.

- 1. Labrador Retriever
- 2. Yorkshire Terrier
- 3. German Shepherd Dog
- 4. Golden Retriever
- 5. Beagle
- 6. Boxer
- 7. Dachshund
- 8. Bulldog
- 9. Poodle
- 10. Shih Tzu

125 YEARS OF HISTORY

Like the Bulldog, the popularity of breeds ebbs and flows over time. The AKC is proud to be celebrating its 125th Anniversary during 2009. In 1884 at the time of the organization's founding, AKC registered only nine breeds versus the 161 it recognizes today:

AKC Registered Breeds in 1884	Rank in 2008		
Pointer	111		
Chesapeake Bay Retriever	48		
English Setter	86		
Gordon Setter	92		
Irish Setter	69		
Clumber Spaniel	17		
Cocker Spaniel*	21		
Irish Water Spaniel	44		
Sussex Spaniel	47		
bussex spanier	T /		

*In 1884 the English Cocker Spaniel and the Cocker Spaniel were registered as the same breed. They were separated in 1946. Today the English Cocker Spaniel is ranked 70th.

These original breeds are all current members of the Sporting Group -- dogs bred to help man find and retrieve game. They all have innate instincts in the water, field and woods. While none of the original nine is anywhere near the AKC Top 10, the qualities that made them effective hunters -- trainability and desire to please -- make them ideal family dogs today.

"I think the comparison of our original nine to the current top 10 illustrates the different needs that dogs fill today," said Peterson. "In the 1880's most breeds served a specific purpose or function. Today dogs still serve man and in even more diverse roles -- from guide dog to bomb detection K-9 – but most of all, dogs are now companions that ground us to nature in a busy and increasingly technological world."

Continues-page 3

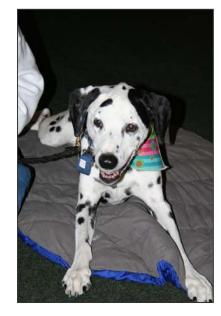
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Brags

Spencer's 14

If everything goes as it is, Spencer will make it to 14, if I don't kill him first. Last night he didn't want to sleep. He wanted to play with his orange monkey.

Here is a picture of Spencer from Jazz's party. He will be 14 on Jan 30th and he is still going strong. He is just a little wobbly and still getting in trouble. His titles are Hood-eye Crockett's Shadow CDX, (almost UD, 1 Q short), RE, OA, OAJ, CGC, TDI



~ Susan Zimmerman

New CD



Emprise Just Three Wishes, OAJ "Justi" completed her CD title at the Medina Kennel Club Trial on December 12, 2008 at the IX Center in Cleveland. With an entry of over 30 dogs in Novice B, Justi finished with a score of 193 1/2 and had to compete in a runoff for 4th place.

Unfortunately, she did not win the run-off and ended up in 5th place, but; I was so very proud of her!

~ Marlana Tice

New CGC's

Instructor: Sharon PhillipsAssistant: Rhonda WoodEvaluator: Mary Mignogna

Laurie Costantino Lola Australian Shepherd Debra Hood Poppy Pomeranian Frances Horvath Schultz Weimaraner Roxanne Johnson Silky Golden Retriever Daisy Mastiff Karen Coursen Maribeth Miller Bella Bichon Frise' West Highland Terrier Sandra Sop Remington West Highland Terrier Barbara Thomas Ailee Rose Pharaoh Hound Kristen Yoder Ramma

AKC Agility Advisory Committee

If you haven't already done so, please take time to send your comments to the agility advisory committee. This is your chance to voice your concerns and make suggestions for future revisions!!

The American Kennel Club Companion Events Department is pleased to announce the 2009 Agility Advisory Committee.

Marquand Cheek – CA Katherine Leggett – CA David Nauer – CO Karen Paulukaitis – AL Randy Reed – FL Kimberly Reeher – PA Pamela Sturtz – NY

Your recommendations for agility are being solicited, November 3, 2008 Thru February 28, 2009. Please email your thoughts, ideas and suggestions regarding the AKC Agility program to: agilityadv@akc.org . All suggestions will be presented to the 2009 Agility Advisory Committee members for their review prior to the June meeting.

Thank you for supporting the AKC Agility program. And be sure to use the agilityadv@akc.org address so that your ideas get reviewed and tabulated.

Thanks! http://www.akc.org/events/agility/advisory committee.cfm

Gail Storm & Carrie Deyoung American Kennel Club Sr. Agility Field Representatives 2009 Agility Advisory Committee Members



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PET PREFERENCES: TOP 50 CITIES

While time periods are indicators for the popularity of certain pets, so is geography. Each year, AKC looks at the most popular breeds in each of the <u>50 largest cities</u> in the U.S. Some highlights:

- While the Bulldog continues to climb the national list, it's really marking its territory in a number of western cities --Las Vegas, Long Beach, Los Angeles, and San Diego where it comes in 2nd, right after the Lab.
- Only Honolulu, Minneapolis-St. Paul, Portland, Raleigh, and Salt Lake City snubbed the Bulldog — opting for a wide variety of other breeds in their Top 10.
- Detroit and Miami are the only cities that do not have the Labrador Retriever in the top spot, both favoring the German Shepherd Dog.
- The Boxer is muscling its way to the top in a few cities, ranking second in Baltimore, Cincinnati, Des Moines, Louisville, Omaha and Kansas City. It's 3rd in Atlanta, Cleveland, New Orleans, Minneapolis-St. Paul, Pittsburgh, St. Louis and even Philadelphia -- where like its boxing brethren "Rocky" it's still a literal underdog, but if movie plots are any indication, perhaps not for long.
- Californians seem to love the Miniature Pinscher (ranked 32nd nationally). It came in 6th (up from 15 last year) in San Diego and also ranked 8th in Sacramento.
- The Vizsla is tied for 10th with the Shih Tzu in Chicago. Ranked 44th nationally, the Vizsla has long been a favorite in the Windy City, having made the local top 10 list in 2007 and 2003.
- Unusual breeds on local top ten lists including the Great Dane (10th in St. Louis), the Mastiff (10th in Indianapolis), the Brittany (10th in Minneapolis), the Belgian Malinois (8th in Kansas City) and the Siberian Husky (9th in Long Beach).

PET PREFERENCES: 1998-2008

- Some of the most notable recent trends in the past decade include:
- The Bulldog (+69%) and four of its relatives are among the breeds that have increased most significantly over the last decade: Miniature Bull Terrier (+109%), Bull Terrier (+102%), Staffordshire Bull Terrier (+69%) and the Bullmastiff (+22%).
- The French Bulldog (+467%), the Cavalier King Charles Spaniel (+209%) and the Brussels Griffon (+73%) continue to be among the breeds with the largest increases, likely due to their popularity with urban dog owners who favor portable, apartment-sized dogs.
- The Border Collie, often considered among the most intelligent and trainable breeds, and known for its mastery of the highly popular canine sport of agility, saw a significant increase (+50%).
- Lesser known breeds that saw an increase include the Ibizan Hound (+74%), Norwich Terrier (+39%) and Bedlington Terrier (+28%).

- Large dogs with notable increases are two Swiss breeds the Bernese Mountain Dog (+78%) and the Greater Swiss Mountain Dog (+88%) as well as the Wirehaired Pointing Griffon (+117%), which hails from France.
- Among breeds on the decline are the Lhasa Apso (-80%), Rottweiler (-76%), Schipperke (-75%) the Basset Hound (-66 %) and, despite its popularity in Sacramento and San Diego, the Miniature Pinscher (-75%).
- Portuguese Water Dogs, in the news recently due to the Obama family's interest in this mid-sized, hypoallergenic breed, is currently ranked 64th and has increased 44% in the past decade—especially appropriate considering Obama is our 44th president.
- However another famous presidential pet the American Foxhound (-75%) is on the decline. George Washington is credited with developing the breed.

Dog lovers can see and learn more about all of their favorite breeds on Saturday, January 31, 2009 when the <u>AKC/Eukanuba National Championship</u> — where the country's top dogs compete for \$225,000 in prize money and the title of "National Champion" — airs on Animal Planet and the Discovery Channel from 8-11 p.m. (ET/PT). Highlights from the AKC Agility Invitational will air on Animal Planet on Saturday, Feb. 7, 2009 at 8 p.m. (ET/PT).

Born to Run

Ever noticed how dogs' attitudes toward exercise is way different from our own? While most of us have to force ourselves to exercise, and make New Year's resolutions to train ourselves to stick with it, especially with something as vigorous as running, a dog needs no motivation to go outside and run. Running is very high on most dogs' lists of favorite things to do. He'll do it as often as you'll let him.

Dogs are exuberant creatures. They love to run, and given the opportunity, they will generally choose running over walking. A dog on the loose runs from scent to scent, his speed only curtailed by number of interesting smells, people and dogs he meets along the way.

Think about how your dog gets from the living room sofa to the kitchen. Unless he's older or overweight, he probably runs, or at least trots or scampers, even if there is no point to being there a few seconds sooner. An adult human, on the other hand, will stroll from sofa to kitchen, even if our favorite meal is about to served. The only reason a human would run is if the stove were on fire!

Look at the difference in how even athletic people play with a flying disc versus how dogs play. Two people will stand far apart from each other and throw the disc toward the other person to catch, minimizing the amount of running necessary. When a dog plays, he stands close to the person throwing, and the disc is thrown away from the dog, causing the dog to run, in a burst of



speed, the full distance of the flight to catch it. And then he runs all the way back to return the disc for the next throw, thus maximizing the amount of running necessary. To further the point, a dog that hasn't been fully trained may not return the disc right away, but will make a game of dodging the people who want the disc back, which creates even more running opportunity.

It's also worth noting that when people play catch with a disc or ball, we tend to get annoyed when the thrower overthrows, causing us to have to go chase down the object. But to a dog, that's pure joy.

Dogs in the wild had to be good runners because a good chase usually ends up in a good meal. Running hasn't been bred out of them with domestication, and in fact, many dogs were bred for running, or at least for hard work. Border Collies, Australian Shepherd Dogs, Siberian Huskies, Dalmatians, Harriers, Alaskan Malamutes, Rottweilers and Greyhounds are some breeds that have running in their lineage.

Knowing your dog not only loves running, but also may have even been bred for it, it's important to give your dog the room to run (safely!) as much as possible. A daily walk is wonderful, but it may not give your dog the level of workout he needs to feel satisfied. If your dog is hyper or destructive, it could be because he isn't getting to burn off his excess energy.

So, even if you're not up to vigorous exercise, and view it as a chore, remember your dog craves it. The expression, "a tired dog is a happy dog" is true. If you have the space, just throwing a tennis ball for your dog to fetch is an easy way to give your dog a good run. If you don't have a yard, try an off-leash dog park. To find one in your area, visit DogFriendly.com.

Your dog should be in good health before engaging in rigorous exercise. Please check with your veterinarian first, especially if your dog is overweight or inactive.

YABTC Run Thrus

\$5 for first run; \$3 for second run (w/same dog)

Rally

When Tues

March 03

Sign-Ups 6:00 - First Dog Thru: 6:30

Obedience still

• February 10 & 24 Sign-Ups 6:00 - First Dog: 6:30

Agility

• February 28 Sign up 1:30 to 3:00, Small to tall – sign-up 1:30 to 3:00 – runs begin at 2:00

In the Vicinity

Mixed Breeds Can Compete, Too!!

Check out Four Seasons K9 for:

March 1-2, 2008

 March 8-9, 2008
 April 11-12, 2009
 May 9-10, 2009
 May 16-17, 2009

 ASCA Agility Trial

 TDAA Agility
 ASCA Agility

 CPE Agility

http://www.k9athletecenter.com/trials.htm

Run Thrus

• February 14th, 2009

\$5 first run and \$3 additional run/same dog. 24-20" dogs register and walk from 11:30am - 12:00pm and run from 12:00pm to 2:30pm.

Small dogs register and walk from 2:30pm - 3:00pm and run from 3:00pm -5:00pm.

Stragglers from 5:00 - 6:00 will be accepted.

Times aprox depending on attendance.

Winter Run Thrus



Sunday, February 15, 2009 National Guard Armory 4303 Green Road, Warrensville, Ohio

Pre-Novice/Novice, Open & Utility: Registration 9:00 a.m. – 10:00 a.m.

Judging begins at 9:30 a.m. (3 rings)

Rally Obedience:

Registration 9:00 a.m. – 11:30 a.m. Judging will begin in the first available ring, and Will begin no earlier than 11:00 a.m.

Cost: \$5 per run

Must be present to register

NEO run thru proceeds are donated to Canine Charities

2 run limit

Every attempt will be made to schedule 2nd runs after all participants

Have completed their 1st runs

For information or weather cancellation call:

Caren Vicich, (440) 834-8493 Day of event: (216) 402-1708

Food will be available on site

Raffle will be held at "high noon



Akron Run-Thru Schedule

ABTCA's Obedience Run-Throughs are normally held on the second, and fourth Monday of each month, starting at 6:00 pm The cost is \$5 for the first run-through, \$3 for each additional run-through of the *same* dog.

http://www.abtca.mysaga.net/obedience.html

Miami Valley Gordon Setter Club of Ohio Timothy Conrad & Gretchen Sahloff

Conformation Handling Seminar

• February 21-22, 2008

Learn how to present your dog with confidence!

Limited to 30 handlers with dogs at a cost of \$125 for the two days.

Unlimited for participants without dogs at \$75 for the two days.

This seminar will cover the handling of the dog as well as other aspects of presentation, including your wardrobe and advertising. You will need to bring a chair, crate, show photo, and show clothes for Sunday. You may work a second dog of the same breed.

Hours of the seminar are 9:00am – 4:00pm Location is the Agility Angels Building Address: 813 Warehouse Road, Toledo, OH

Contact information: Sarah Armstrong, 419-450-7776,

gilnockiegordons@yahoo.com

Hotel information: Red Roof Inn, S. Reynolds Road, Toledo,

OH 419-893-0292 Lunch will be provided

Registration Deadline Friday, February 13, 2008 Check

payable to: MVGSCO

Send Registration: Sarah Armstrong, 822 Brighton Ave,

Toledo, OH 43609

Buckeye Tracking Club

A seminar with an AKC tracking representative.

Held at Notre Dame Educational Center

May 23 & 24

Fee \$120.00

Continental breakfast & lunch provided

Contact Rosemary Janoch

440 543-3453

E-mail rjanoch@alltel.net

Check for updates and speaker info at: http://akc-tracking-

seminar.woodlandpwc.com/index.html

Dogs will be worked if time permits.

FYI

5th Annual Conformation Fun Match

March 8th 2009

BIS Jr. puppy, Sr. Puppy and Adult. There will also be junior showmanship

Building opens at 7:00 w/limited grooming space.

Entries will be taken starting at 7:30/ Rings start at 8:00

Herding, Sporting, Working judged first, w/other groups to follow

Food available on site.

Contact Dale Burrier: <u>TrainingDirector@yabtc.com</u>, or Diana James Fallfireaussies@gmail.com

Cookbook update

Our cookbooks are here. They are available for purchase in \$12. Ask your instructor, or contact Deb Harper at pearlharp@neo.rr.com

Agility Seminar

We will have an agility seminar with Deb Sacerich on Saturday, February 7. There will be two sessions – *Speed & Motivation* in the morning and *Distance* in the afternoon. Sandy Irish will be in charge of this event. Contact her at AgilitySeminar@yabtc.com.

Obedience Seminar

Judie Howard will give a working seminar in April 2009. Details of this event can be obtained from flyers in the building and on our Web site. Contact Perri, if you have any questions. Perri-@embarqmail.com

Welfare

If you have any welfare information to report, please contact Kathy Taleos at $\underline{LabLady1020@aol.com}$.

We would like to wish a speedy recovery to:

- Karen Cessna, who is battling breast cancer. Karen had a
 double mastectomy, in early January, and will be
 undergoing radiation therapy. Karen wants to stress how
 important it is to get a mammogram.
- Lynda Tushar, who had thyroid surgery the last week of January.

We would like to send our condolences to

- Janet Moore, who lost her Shetland Sheepdog, Tony, who was 16 years and 8 months old. His registered name was: U-CDX Cataway Jan's Tony Bear CDX, RE, CGC
- Josie Hale, who lost a Miniature Pinscher this past month.
- Dorothy Dean, who lost her Mastiff, Rufus. Rufus was a star on the agility circuit, and will be fondly remembered by all who had a chance to see Dorothy's Angel Big Boy.



Become Your Own Doggie Delicatessen

Trips to trendy doggie delis and bakeries not part of your New Year's budget? Whip up this easy homemade doggie treat instead, with simple ingredients you have in your kitchen.

Cheesy Carrot Muffins

- 1 cup all-purpose flour
- 1 cup whole-wheat flour
- 1 tablespoon baking powder
- 1 cup grated Cheddar cheese
- 1 cup grated carrot
- 2 large eggs
- 1 cup milk
- 1/4 cup vegetable oil

Preheat the oven to 350 degrees. Grease a muffin tin or line it with paper baking cups.

Combine the flours and baking powder and mix well. Add the cheese and carrots, and use your fingers to mix them into the flour until they are well distributed.

In another bowl, beat the eggs. Then whisk in the milk and vegetable oil. Pour this over the flour mixture, and stir gently until just combined.

Fill the muffin cups three-quarters full with the mixture. Bake for 20 to 25 minutes, or until the muffins feel springy. Be sure to let the muffins cool before letting your dog do any taste-testing. If he's a medium to large dog, one muffin will be a great snack. Make it half a muffin for a toy or small dog.

"If your dog is fat, you aren't getting enough exercise"--- ~ Unknown

Enthusiasm is the greatest asset in the world. It beats money and power and influence. It is no more or less faith in action.

~ Henry Chester

"You enter into a certain amount of madness when you marry a person with pets." ~ Nora Ephron

"Things that upset a terrier may pass virtually unnoticed by a Great Dane." ~ Smiley Blanton

Advice to Women

- If you want someone who will bring you the paper without first tearing it apart to remove the sports section, buy a dog.
- If you want someone willing to make a fool of himself simply over the joy of seeing you, buy a dog.
- If you want someone who will eat whatever you put in front of him and never say it's not quite as good as his mother made it, buy a dog.
- If you want someone always willing to go out, at any hour, for as long and wherever you want, buy a dog.
- If you want someone to scare away burglars, without a lethal weapon which terrifies you and endangers the lives of your family and all the neighbors, buy a dog.
- If you want someone who will never touch the remote, doesn't give a damn about football, and can sit next to you as you watch romantic movies, buy a dog.
- If you want someone who is content to get up on your bed just to warm your feet and whom you can push off if he snores, buy a dog.
- If you want someone who never criticizes what you do, doesn't care if you are pretty or ugly, fat or thin, young or old, who acts as if every word you say is especially worth listening to, and loves you unconditionally, perpetually, buy a dog.
- But on the other hand, if you want someone who will never come when you call, ignores you totally when you come home, leaves hair all over the place, walks all over you, runs around all night, only comes home to eat and sleep, and acts as if your entire existence is solely to ensure his happiness, Then my friend.....Buy a cat!

"Some days you're the dog, some days you're the hydrant." ~ Unknown

"Of all the things I miss from veterinary practice, puppy breath is one of the most fond memories!" ~ Dr. Tom Cat

"He is your friend, your partner, your defender, your dog. You are his life, his love, his leader. He will be yours, faithful and true, to the last beat of his heart. You owe it to him to be worthy of such devotion."

~ Unknown



Enroll for Agility Classes Contact Nancy Ventresco At (330) 482-1661

March Class Schedule

Enroll for Obedience & Rally Classes

Call or E-mail 330 398-9270

Registrar@yabtc.com

111 (550) 40	Type	Class	Time	Begins	Ends	Instructors
Mon	71	Beg,	9:00	Mar. 23	May 11	Carol Kershner
		AG2	10:15	Mar. 23	May 11	Carol K., Lotta Shafer
	A	Advanced	11:30	Mar. 23	May 11	Lotta Shafer
	О	Rally Adv.	6:00	Mar. 23	Apr. 27	
	R	Beg. Rally	6:00	Jan. 26	Mar. 02	Mary Mignogna
	О	Puppy	7:05	Jan. 26	Mar. 02	Sharon Phillips
	О	Puppy	7:05	Mar. 30	May 04	
Tues	О	Beg1	11:00	Feb. 03	Mar. 24	
	R	Rally Run Thrus	6:00	March 03		Mary Mignogna
	О	Obed. Run-Thrus	6:00	March 10 & 24		Kim Burrier
	О	Beg 1	6:00	Jan 13	Mar. 03	Deanne Hunt
	C	Conformation	6:00	Mar. 03	Mar. 31	
	О	Beg1	6:00	Mar. 24	May 12	
	О	Novice	7:05	Mar. 03	Mar. 31	
	О	Beg2	7:05	Mar. 17	May 05	
	О	Beg1	8:10	Mar. 17	May 05	
	О	Beg2	8:10	Mar. 19	May 07	
Wed	О	Beg 2	6:00	Jan. 14	Mar. 24	Dale Burrier
	О	Beg1	6:00	Feb. 04	Mar. 25	Cancel
	О	Beg 1	7:05	Jan. 28	Mar. 18	Perri Graf
	О	Pre-Novice	7:05	Mar. 04	Mar. 25	Sharon Phillips
	О	Open	7:05	Mar. 04	Mar. 25	Elaine Malone
	О	Utility	8:10	Mar. 04	Mar. 25	Sharon Phillips or Cindy Rhine
	R	Adv. Rally	8:10	Jan. 14	Mar. 04	Dale Burrier
	О	Puppy	8:10	Mar. 25	Apr. 29	
	О	Beg1	8:10	Feb. 18	Apr. 08	
Thurs	A	AG1	6:30	Mar. 19	May 07	Deb H. Janet R.
	A	AG2	7:45	Mar. 19	May 07	Rae. R, Elaine S.
Friday	A	AG3	6:30	Mar. 20	May 08	Cindy Z., Sandy I.
	A	Advanced	7:45	Mar. 20	May 08	Jay W.
Sat	A	Beg	10:00	Mar. 21	May 09	Susan H.
Sun	A	Fun Runs	10:30	Mar. 01	Mar. 31	John Monte & Susan Holub
	4H	4H	4:00			John Monte, Shari Yuhas

Members' Rates

For Obedience & Rally: Beginning classes (*Puppy*, *Beg1*, *and Rally 1*) are half the published rate. Beg2 & Advanced classes are free. (*CGC test: \$5*). Please arrive 15 minutes early for rally class to set up your crate. Pre-Novice thru Utility classes do not require pre-registration. To enroll in any other obedience or rally classes, call 330 398-9270 or E-mail <u>Registrar@yabtc.com</u>.

For Agility: <u>All</u> classes require pre-registration. .Intro, Beginner & Ag1 are half the published rate. Ag 2, Ag3, & Advanced classes are free. If you only enroll 1 dog, you cannot participate with more than 1 dog in that class. Please arrive 1/4 hour prior to class to set-up crates. To enroll in an agility class, call 330 482-1661

Winter Weather Closures

*If there is a building closure due to foul weather, it will be posted on yabtc.com, and if possible, on the local televisions stations. Instructors, please notify Webmaster@yabtc.com, before 5:00



YABTC 11801 Mahoning Avenue P.O. Box 397 North Jackson, OH 44451-0397

Sweet Potato Surprise Treats

- Medium Sweet Potato
- ¼ cup dried cranberries
- 2 T of honey
- 2T Canola oil
- 1 egg
- ¼ t cinnamon
- Oat Flour

1 med. sweet potato peeled, cut into pieces and

Add 1/4 cup of dried cranberries.

When cooked and cooled puree in blender or food processor.

Add 2 Tablespoons of honey

2 Tbs. Canola oil

1 egg + 1/4 tsp cinnamon or more

When all is pureed together pour into mixing bowl and add oat flour to make stiff dough

Knead in more oat flour till dough is smooth and pliable.

Roll out to 1/4 inch thick and cut with a cutter.

Bake at 275 for 1 hour (low temp cooks but doesn't brown the biscuits).

Turn oven off and leave until cool.

This makes a hard biscuit that is very crunchy.

Store in cookie jar and watch the kids. They like them too.

Alternatively

Instead of sweet potatoes & cranberries use 2 apples peeled and cored and cooked with 1/2 cup fresh frozen blueberries, or 1/4 cup dried.

Don't forget the cinnamon.

~ Sent in by Pat Ray

The newsletter deadline is the 25th. Send all of your news, photos, and brags to Newsletter@yabtc.com, or, leave your information in the mailbox at the Club Rease let us know if you experience any problems with the Web site, or if anything needs to be added. Contact Webmaster@yabtc.com.